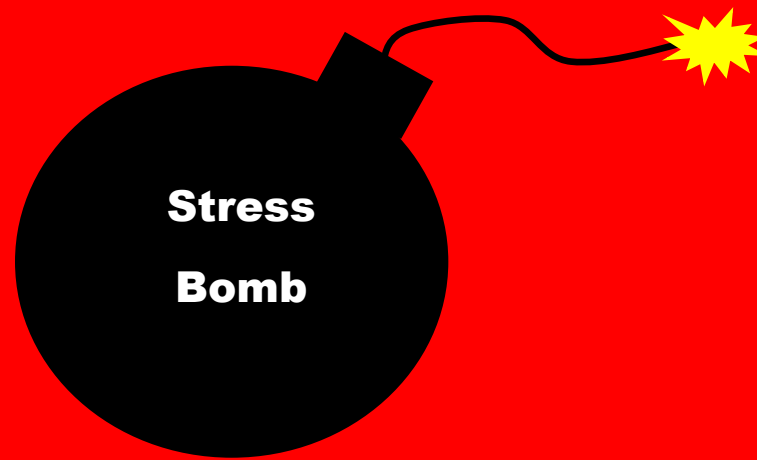


Survival Strategies for the Holidays



You can't control the holidays, but you can control your response to them